

WHY FEES?

*FEES is portable. It can be completed at bedside in a nursing home or assisted living facility or in a physician's office at a medical clinic or hospital.

*Patients do not need to fast or do anything special to prepare for the FEES assessment.

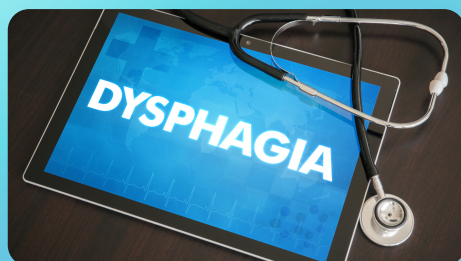
*Morbidly obese patients can receive FEES evaluation.

*FEES provides an in-depth evaluation of swallow function without time limits and radiation exposure, as with Modified Barium Swallow Studies.

*FEES studies may potentially identify lesions within the nasopharynx, thus expediting appropriate referrals to an Ear, Nose, and Throat physician.

*Information regarding swallow efficiency and airway protection is able to be determined and helps the Speech-Language Pathologist formulate a treatment plan specific to the patient being evaluated.

*FEES studies are efficient and are usually completed in ~ 20 minutes or less. A completed report will be ready same day as the FEES study appointment.



Mountain Region Speech & Hearing Center's mission is to provide the highest quality speech, hearing and swallowing services to the Appalachian Region and to improve quality of life for all ages through effective evaluation, treatment and education regardless of ability to pay.



Contact Us

Mountain Region
Speech & Hearing Center
301 Louis Street, Suite 101
Kingsport, TN 37660
(423) 246-4600
www.mrshc.org

FEES MOBILE CLINIC

Flexible Endoscopic
Evaluation of Swallowing
for Adults

WHAT IS FEES?

Flexible Endoscopic Evaluation of Swallowing

FEES is one of two gold-standard evaluations of swallowing completed to assess for dysphagia and aspiration.

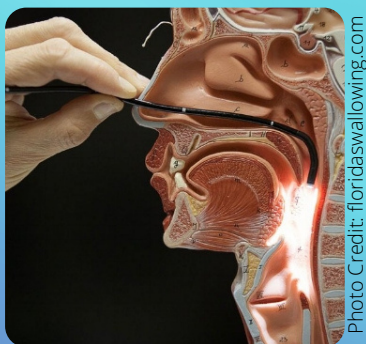
*An endoscope is inserted into the nose and throat to obtain direct visualization of anatomical structures, including the vocal folds.

*Typically no topical anesthetic is needed, as most patients tolerate the presence of the endoscope without difficulty.

*During the assessment, patients are asked to swallow saliva, liquid, and food while the camera is in place.

*The Speech-Language Pathologist is able to observe aspiration (food or liquid falling into the airway) or swallow inefficiencies (material not fully swallowing into the esophagus, causing residue in the throat).

*During the assessment patients may be asked to say certain sounds allowing the voice box to also be examined.



ABOUT US

Mountain Region Speech & Hearing Center (MRSHC) is a non-profit agency that was founded in 1974 by the Junior League and Sertoma Club of Kingsport. MRSHC is a United Way agency and also generously supported by foundation grants, corporate sponsors, and individual donors.

Mountain Region Speech & Hearing is a Medicare and Medicaid provider.

The following services are available to people of all ages, from birth to geriatrics:

- Speech-Language Evaluations
- Pediatric Feeding Evaluations
- Swallowing Evaluations
- Central Auditory Processing Evaluations
- Hearing Evaluations
- Hearing Aid Services
- Therapy Services
 - Articulation
 - Language
 - Voice
 - Fluency (stuttering)
 - Swallowing
 - Pediatric Feeding
 - Vital Stim

WHO PERFORMS FEES SERVICES?

Mountain Region Speech & Hearing Center's FEES Program is administered by Speech-Language Pathologists who are licensed in the states of Tennessee and Virginia and have received their Certificate of Clinical Competence (CCC) from ASHA. Our SLPs performing FEES studies have been fully trained in the administration of FEES and have received their Endoscopy Certification.